

Behavior Intervention and Treatment

Program Code	56U
Max Allowed	For HBS, Behavior Intervention and Treatment is included in the participant's monthly cost limit/individual budget Adult Waiver: State fiscal year maximum of 66 hours (including adult HBS). Children's Support Waiver (Children's HBS): No fiscal year service maximum. Children's Residential Waiver: State fiscal year maximum of 66 hours.
Units	Hours and minutes rounded to the nearest 15 minutes. There are two levels: Level 1: Licensed clinical psychologists and certified behavior analysts Level 2: All other qualified providers
Billable Time	Services that directly benefit the individual, that are within the statewide maximums and the agreed hours in the HBS Service Agreement, if applicable, and that the therapist delivered and documented. Indirect services such as writing recommendations, planning and consultations with school personnel are permitted.
Non-Billable Time	No direct services may be delivered under the Waiver during the typical school day relative to the age of the participant or during times when educational services are being provided. Planning for school services and training for school staff may not be included. Behavior service hours may not be billed during day program hours, unless the professional is observing the behaviors in the natural environment while the individual is participating as usual in the day program.
Additional Guidance	For more information, please see under III. Waiver Services - Professional Services

Professional Services

1. Behavior Services

To receive behavior services under the waivers, the services must be based on behavioral assessments documenting the ongoing need for the service, be included in the individualized service plan and must receive written approval from the service planning team. Prior approval is not required for behavior services.

A. Behavior Intervention and Treatment

Note: This service is available in all three Waiver Programs.

Behavior intervention and treatment includes a variety of individualized, behaviorally-based treatment models consistent with best practice and research on effectiveness that are directly related to the participant's therapeutic goals.

Interventions include, but are not limited to:

- Applied Behavior Analysis
- Relationship Development Intervention (RDI)
- Floor Time

These services are designed to assist participants to develop or enhance skills with social value, lessen behavioral excesses and improve communication skills. The key elements are:

- The approach is tailored to address the participant's specific behavioral needs.
- Targeted skills are broken into small, attainable tasks.

- Direct support staff, informal caregiver and family training is a key component so that skills can be generalized and communication promoted, especially in the areas of prevention, intervention and stabilization.
- Services must be directly related to the participant's therapeutic goals contained in the service plan and, if applicable, coordinated with the participant's individual education plan (IEP).
- Success is closely monitored with detailed data collection.

For each of the waivers, the following individuals are among the vital members of the behavior team and must be involved in the initial training session to initiate services, and must remain involved with the behavior consultant so that they are able to carry through and reinforce the behaviors being worked on by the team.

- **Adult Waiver:** Direct support staff and unpaid informal caregivers of participants receiving intensive behavior treatment.
- **Children's In-Home Support Waiver:** Families of children receiving intensive behavior treatment. The parents need not be available for all treatment sessions, but must be present at team meetings.
- **Children's Residential Waiver:** Direct support staff and families of participants receiving intensive behavior treatment.

A behavior consultant assesses the participant, including analysis of the presenting behavior and its antecedents and consequences, and develops written behavior strategies based upon the participant's individual needs. The strategies are a component of the service plan and must be approved by the participant, guardian if one has been appointed, family, responsible case manager or Service Facilitator, Individual Service and Support Advocate and the other members of the planning team.

Trained team members implement the planned behavior services. For the Children's Support Waiver, responsible relatives implementing behavior services may not bill these hours to the Waiver Program.

The behavior consultant performs the following activities:

- Monitors progress on at least a monthly basis and more frequently if needed to address issues with the participant's outcomes.
- Revises the behavior strategies as needed to ensure efficacy and prepares a progress report to the service planning team every six months. This progress report is available to State staff upon request to evaluate the efficacy of the treatment.
- Supervises implementation of the behavior plan, including training of the personal support staff, unpaid informal care givers and family to ensure they properly apply the interventions, understand the specific services and outcomes for the participant being served, and know the procedures for regularly reporting participant progress.
- Works closely with the participant's informal care givers, direct support workers family, teachers and other school personnel and personal support workers in the participant's home and other natural environments.

What is it?

Behavior Services include behavior intervention and treatment, behavior counseling (individual and group) and psychotherapy (individual and group). These services must be:

- Based on behavior assessments documenting the ongoing need for the service.
- Included in the individualized service plan.
- Must receive written approval from the Service Planning Team.

How Do I Become A Provider?

1. Behavior Intervention Services - Level 1
 - a. [Board Certified Behavior Analyst](#)
 - b. [Licensed Clinical Psychologist](#)
2. Behavior Intervention Services - Level 2
 - a. [Board Certified Assistant Behavior Analyst](#) or
 - b. [Behavior Therapist – completed class and 1500 hours](#)
 - c. [Certified Relationship Development Interventionist](#)

- d. [Early Intervention Specialist](#) (children and young adults only)
3. [Counseling - Individual or Group](#)
4. [Psychotherapy - Individual or Group](#)
5. [Counseling Services for Unpaid Care Givers](#)

Qualifications: Professional with a Bachelor's degree who has completed at least 1,500 hours of training or supervised experience consistent with best practice and research on individuals with Autism Spectrum Disorder as documented by a Board Certified Behavior Analyst or Licensed Clinical Psychologist. Behavior therapists must have the above credentials approved by the DHS Division of Developmental Disabilities to provide behavior-based therapy under the Illinois Adult, Children's Support and Children's Residential Medicaid Waivers.

How do I Become A Provider?

1. You must complete the [Behavior Therapy \(Autism Spectrum Disorder\) - Behavior Intervention & Treatment - Level 2 Course Work & Experience Requirements: Checklist C Form \(IL462-0955\) \(PDF\) \(pdf\)](#).
2. Applicants must document 1,500 hours of eligible supervised experience.

Supervised experience: A person under the "organizational" supervision of a BCBA or Licensed Clinical Psychologist (LCP) would not necessarily have all their work experience hours considered supervised by a BCBA or LCP and countable as such by the Division of Developmental Disabilities in making a decision about their behavior therapist credential. To be considered countable hours, a qualified supervisor (BCBA or LCP) must be very directly involved in supervising the person's "behavior-related" work experience. See the examples of eligible and ineligible supervised experience below.

A. Examples of eligible supervised experience include:

- Conducting assessment activities related to the need for behavioral interventions,
- Designing, implementing and monitoring behavior analysis programs for clients,
- Overseeing the implementation of behavior analysis programs by others,
- Training, designing behavioral systems and performance management,
- Other activities normally performed by a behavior analyst directly related to behavior analysis such as:
 - attending planning meetings regarding the behavior analysis program,
 - researching the literature related to the program,
 - talking to individuals about the program;
 - any additional activities related to oversight of behavioral programming such as behavior analyst supervision issues, or evaluation of behavior analysts' performance.

B. Examples of activities that are not eligible as supervised experience include:

- attending meetings with little or no behavior analytic content,
- providing interventions that are not based in behavior analysis,
- doing non-behavior analytic administrative activities,
- other activities not directly related to behavior analysis

Behavior Intervention and Treatment	56U					
Level 1 - Licensed Professional - Statewide Rate	L1	Y	Hour	104 (Any combination of L1 & L2)	\$81.54	\$8,480
Level 2 - Other Credentials or No Level Specified - Statewide Rate	L2	Y	Hour	104 (Any combination of L1 & L2)	\$65.22	\$6,783