

Elements of Medical Necessity

Medically necessary generally refers to treatments that:

- ameliorate or manage symptoms
- improve functioning and/or
- prevent regression or deterioration.

Insurers have their own definitions of medical necessity.

Elements of medical necessity include:

- evidenced based interventions or generally medically accepted treatment
- goals to remediate deficits, signs and symptoms of the condition being treated
- treatment plans that specify frequency, intensity and duration of treatment that is considered to be clinically appropriate.
- ABA is an evidenced based interventions and generally medically accepted treatment for symptoms of autism.