

Tiered Structure of Applied Behavior Analysis Treatment

Once an individual has been diagnosed or assessed and prescribed behavioral treatment, an ethical and appropriate tiered treatment structure needs to be created to assure positive treatment outcomes. Below is a common practice structure in ABA treatment.

Tier 1 – Behavior Analyst

A BCBA or BCBA-D will supervise the clinical treatment including treatment plan development, supervision, case management and training of lower tiered treatment members. Commonly known as a consultant, this professional provides behavioral training to the parents and provides 3-6 hours of services per month and more if training a new team member.

- BCBA is a board certified behavior analyst
- BCBA-D is a doctoral level board certified behavior analyst

Tier 2 – Assistant Behavior Analyst

Some treatment teams utilize a BCaBA who supports the Behavior Analyst by providing supervision of treatment and training of behavior technicians. This professional provides 3 to 6 hours per week.

- BCaBA is a board certified assistant behavior analyst

Tier 3 – Behavior Technicians

BT's provide direct treatment by implementing treatment. The number of hours of direct treatment is determined by the assessments performed by the behavior analyst and could range from 5 to 40 hours per week. Sometimes treatment teams utilize a lead therapist or lead behavior technician to add additional supports.

- RBTs are registered behavior technicians with a high school diploma and credentialed with a BACB RBT certificate.
 - The Behavior Analyst Certification Board credentials BCBA, BCBA-D & RBTs.
 - <https://bacb.com/>

Learn more from the Behavior Analyst Certification Board's Applied Behavior Analysis Treatment of Autism Spectrum Disorder: Practice Guidelines for Healthcare Funders and Managers

http://www.apbahome.net/pdf/BACB_AS_D_Gdlns.pdf